

2.40 pm – 3.10 pm ICU Management of Acute Stroke – Anaesthetist's Perspective
Dr. Manikandan S,
 Addl. Professor, Neuro Anaesthesia, SCTIMST

3.10 pm – 3.30 pm Management of Hypertension & Hyperglycemia in acute stroke
Dr. Thomas Iype,
 Prof. & HOD, Neurology, Medical College, Trivandrum

3.30 pm – 3.50 pm Dysphagia management –
Mrs. Sara Paul, Speech Therapist, Comprehensive stroke care program, SCTIMST

4.00 pm – 4.10 pm Case Study – Nursing management of acute stroke
Mrs. Swapna S, S/N, SCTIMST

4.15 pm – 4.30 pm **DISCUSSION**
INAUGURATION and CULTURAL PROGRAMME DINNER

Day 2 : 25 – 01 – 2015 Sunday

Session IV: Surgical management

8.30am – 08.50 am Neuro surgical intervention in the management of acute Ischemic Stroke –
Dr. Girish Menon R, Prof. Neuro Surgery, SCTIMST

8.50 am – 09.10 am Carotid revascularization for prevention of stroke –
Dr. Unni Krishnan M, Prof. (Sr.Gr.) CVTS, SCTIMST

9.10 am – 9.30 am Case study - Surgical interventions
Mrs. Indu V, S/N, SCTIMST
Mrs. Amal K, S/N, SCTIMST

9.30 am – 9.50 am Management of SAH
Dr. Jayanand Sudhir,
 Asst Prof. Neuro Surgery SCTIMST

9.50 am – 10.10 am Spontaneous Intra Cranial Hemorrhage management –
Dr. Girish Menon R, Prof. Neuro Surgery SCTIMST

10.10 am – 10.20 am Case study – Hemorrhagic Stroke
Mrs. Liji Francis, S/N, SCTIMST

10.20 am – 10.30 am **DISCUSSION**
 10.30 am – 11.00 am **TEA**

Session V: Scientific Paper Presentation

11.00 am – 1.00 pm Scientific paper and Poster presentation
 1.00 pm – 2.00 pm **LUNCH**

Session VI: Stroke Rehabilitation

2.00 pm – 2.20 pm Stroke rehabilitation, an overview care giver based rehabilitation
Dr. Jacob George, Prof, PMR, CMC, Vellore

2.20 pm – 2.40 pm Chronic bed ridden patient – A challenge –
Mrs. Suja Raj, S/N, SCTIMST

2.40 pm – 3.00 pm Psycho – Social and Behavioral Management – A Significant Issue
Dr. Anil Prabhakaran,
 HOD Dept. of Psychiatry, MCH, Trivandrum

3 pm – 3 30 pm Secondary Prevention of Stroke – Doctor's perspective
Dr. P.N.Sylaja, SCTIMST

Secondary Prevention of Stroke – Nurses perspective
Mrs. Ciaramma George,
 In-charge Nurse, NIC, SCTIMST

3 30 pm – 3 40 pm **DISCUSSION**
 3 40 pm – 4 pm **EVALUATION AND CONCLUSION**

REGISTRATION FEE

Participants	Amount
Staff	1200
Post graduate students	1000

NO PAYMENT FOR CANCELLATION

Remittance : Payable to 'Nursing conference SCTIMST' through NEFT Account No. 67292219941, from any bank.

IFSC code: SBTR0000029, Medical College, Trivandrum

Enter the UTR number of the payment in the registration form, and send the remittance slip

Presentations : Abstract submission - Up to 15-12-2014
 Intimation of Abstract acceptance - 15-01-2015
 Abstract form is enclosed
 Posters can also be presented for competition.

For contact : E-mail: nmstrokenursing@gmail.com
 Phone : 0471-2524216 / 616 (Offi), 9447900233/133 (Offi) M 8129728722

ACCOMMODATION

Hotel Emerald, 750 m from SCTIMST Ulloor, Ph: 0471-2556166
 Rs. 350/- & 450/- (Double) & 3 bed

Hotel Gowri Nivas, 500 m from SCTIMST
 Ph.0471-2555567, 4010567, A/C: Rs.1350 Non A/C: Rs.850

IMA Head Quarters, Anayara, Thiruvananthapuram



Sree Chitra Tirunal Institute for Medical Sciences & Technology,
 Thiruvananthapuram-695011
 Phone : (91)0471 : 2443152 Fax : (91)0471: 2446433, 2550728
 Email : sct@sctimst.ac.in, Web site : www.sctimst.ac.in



kan

Conference is endorsed by
 World Stroke Organization



**SREE CHITRA TIRUNAL INSTITUTE FOR
 MEDICAL SCIENCES AND TECHNOLOGY
 THIRUVANANTHAPURAM**



**NATIONAL CONFERENCE ON
 COMPREHENSIVE
 NURSING MANAGEMENT
 IN STROKE:
 ONE STEP AHEAD**

Date : January 24th and 25th 2015

**Venue : IMA HEAD QUARTERS,
 ANAYARA, TRIVANDRUM**

Organised by Nursing Service Division, SCTIMST
Due credit hours will be allotted as per KNMC norms

Dear Colleagues,

We are pleased to invite you for the **National Conference On Comprehensive Nursing Management in Stroke-one step ahead at IMA head Quarters, Anayara, Thiruvananthapuram, on 24th and 25th January 2015** organised by the Nursing Service Division, under the direction and support of the Division of Comprehensive Stroke Care Programme, SCTIMST.

This conference aims at discussing various aspects in the care of stroke patients, from acute care to discharge planning and home care. Target audience include nurses working in neurology, neuro surgery and stroke care units, nursing students (Post graduates specialising in neuro nursing and Diploma in neuro nursing) and nurse educators.

Objectives:

The participants will be able to-

1. Identify the basic concepts in nursing management of patients with stroke
2. To introduce the concept of Comprehensive Stroke Care Unit.
3. Incorporate the current critical care guidelines of comprehensive stroke care in reducing the door-to-needle time.
4. Refine critical thinking skills and clinical judgment in identifying the case for interventions, nursing care, rehabilitation and risk care management.
5. To appraise the significance of multidisciplinary team approach in stroke rehabilitation .

PATRONS

1. **Dr. Unnikrishnan M**,
Professor, (Sr. Gr.) CVTS, SCTIMST
2. **Dr. Sylaja PN**,
Addl. Prof., Neurology & In-charge of
Comprehensive Stroke Care Programme, SCTIMST
3. **Dr. Girish Menon R**, Prof: Neuro Surgery, SCTIMST
4. **Dr. Jayadevan E R**,
Asso. Professor, Neuro Intervention Centre, SCTIMST
5. **Dr. Manikandan S**,
Addl. Professor, Neuro Anaesthesia, SCTIMST

ORGANIZING CHAIRPERSONS

Dr. Sudhamani Amma S,
Nursing Officer, SCTIMST

Dr. Saramma P P,
Senior Lecturer in Nursing, SCTIMST

ORGANIZING COMMITTEE

Organizing Secretaries

Ms. Remadevi S, Dy Nursing superintendent (Ag)
Ms. Valsalakumari C, Nursing Supervisor
Ms. Annamma M V, Ward Sister
Ms. Omana C N, Ward Sister
Ms. Claramma George,
In-charge-Nurse, Neuro Intervention Centre

Executive Members

Ms. Thresiamma John, Ward Sister
Ms. Omana John, Ward Sister
Ms. Nirmala M O, Ward Sister
Ms. Chachiamma George, Ward Sister
Ms. Sreeja S Kumar, Staff Nurse
Ms. Shiny Biju, Staff Nurse
Mr. Vinod K K, Staff Nurse
Mrs. Suja Raj L, Staff Nurse
Mrs. Shani S D, Staff Nurse

Program Co-ordinator & Treasurer

Ms. Saraswathi Amma. C, Nursing Supervisor

Joint Treasurer

Ms. Laisa Kumar, In-charge-Nurse, Stroke Unit

PROGRAMME

Day 1 : 24 – 01 – 2015 Saturday

Session I: Basics of Stroke

7.45 am – 8.30 am	REGISTRATION
8.30 am – 8.50 am	Cerebral circulation and applied aspects – Dr. Vivek Nambiar , Associate Prof., Amrita Institute of Medical Science, Kochi
8.50 am – 9.10 am	Diagnosis of acute stroke and stroke imaging – Dr. Bobby Varkey , Consultant Neurologist, Aster Medicity, Kochi
9.10 am – 9.30 am	Establishment of Comprehensive stroke care unit – Mrs Laisa Kumar , In-Charge Nurse, Stroke Unit, SCTIMST
9.30 am – 9.50 am	Case Study: EMS & How to reduce door to needle time Mrs. Shyni Biju , S/N, Stroke Unit, SCTIMST
9.50 am – 10.10 am	NIHSS – Demonstration
10.10 am – 10.30 am	DISCUSSION
10.30 am – 11.00 am	TEA

Session II: Thrombolysis

11.00 am – 11.20 am	Intravenous thrombolysis : Indication, management and complications – Dr. P N. Sylaja , Addl. Prof: Neurology, SCTIMST
11.20 am – 11.40 am	Nursing management of thrombolysis – Mrs. Rabecca Sumathy Bai , Professor, CON, CMC, Vellore
11.40 am – 12.00 noon	Mechanical thrombectomy – Indications and management – Dr. Jayadevan E R , Asso. Prof., Neuro Intervention Centre, SCTIMST
12.00 noon – 12.20 pm	Case presentation on intravenous thrombolysis Mr. Vinod K.K , S/N, SCTIMST – Endovascular thrombolysis – Mrs. Sreeja S. Kumar , S/N, SCTIMST
12.20 pm – 12.40 pm	Nursing management of raised ICP – Mrs. Shani S.D , S/N, SCTIMST
12.50 pm – 1.00 pm	Cardio embolic stroke Dr. Hari Krishnan. S. , Addl. Prof. Cardiology, SCTIMST

1.00 pm – 1.15 pm

DISCUSSION

1.15 pm – 2.00 pm

LUNCH

Session III: Medical Management

2.00 pm – 2.20 pm	Management of ischemic stroke beyond thrombolysis Dr. Sapna Erat Sreedharan , Asst. Professor of Neurology, SCTIMST
2.20 pm – 2.40 pm	Nursing management of acute stroke Dr. Jayarani Premkumar Nursing Superintendent, CMC, Vellore